



YOCRUNCH				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Yogurt no Toppings	113g	12g-14g	YES
	M&Ms	113g	20g	NO
	Peanut M&Ms	113g	22g	NO
	Peanut Butter M&Ms	113g	21g	NO
	Oreo	113g	16g	NO
	Mint Oreo	113g	17g	NO
	Snickers	113g	18g	NO
	Peanut Butter Snickers	113g	18g	NO

\*Disclaimer: the nutrition information for these lists was compiled using available information from manufacturer websites. Partners in Quality Care has published these lists as a resource and is not liable for any errors. CACFP operators are encouraged to use the original package labels.

	Twix	113g	18g	NO
	Chips Ahoy!	113g	16g	NO
	Nilla	113g	17g	NO
	S'Mores	113g	16g	NO
	Kelloggs Yogurt no Toppings	113g	21g	YES
	Strawberry	113g	24g	NO
	Raspberry	113g	23g	NO
	Blueberry	113g	23g	NO
	Strawberry Banana	113g	24g	NO

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## YOCRUNCH FRUIT ON THE BOTTOM PARFAIT

	Flavor	Serving Size	Grams of Sugar	Creditable
	Yogurt no Toppings	113g	15g	YES
	Strawberry	113g	16g	NO
	Blueberry	113g	15g	YES

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